



Apple Hospitality REIT Inc. (APLE)

Updated March 16th, 2026, by Nikolaos Sismanis

Key Metrics

Current Price:	\$11.92	5 Year Annual Expected Total Return:	9.8%	Market Cap:	\$2.81 B
Fair Value Price:	\$13.36	5 Year Growth Estimate:	1.0%	Ex-Dividend Date:	03/31/26
% Fair Value:	89%	5 Year Valuation Multiple Estimate:	2.3%	Dividend Payment Date:	04/15/26
Dividend Yield:	8.1%	5 Year Price Target	\$14.04	Years Of Dividend Growth:	0
Dividend Risk Score:	F	Sector:	Real Estate	Rating:	Sell

Overview & Current Events

Apple Hospitality REIT is a \$2.8 billion hotel REIT that owns a portfolio of hotels with tens of thousands of rooms located in scores of markets and across dozens of states. It franchises its properties out to leading brands, including Marriott-branded hotels, Hilton-branded hotels, and Hyatt-branded hotels. It was formed in 2007 and had sustained or grown its dividend every year beginning in 2015, prior to 2020 when it had to suspend its dividend due to the COVID-19 impacts on its business. As of its latest filings, Apple Hospitality owned 217 hotels with a total of 29,583 guest rooms across 37 states and the District of Columbia.

On February 23rd, 2026, Apple Hospitality REIT posted its Q4 and full-year results for the period ending December 31st, 2025. The company reported total revenue of \$326.4 million for the quarter, down 2.0% from the prior year. Portfolio performance was modestly softer year over year, as Comparable Hotels ADR declined 0.9% to \$151.89 and occupancy fell 1.7% to 70.4%, driving a 2.6% decrease in RevPAR to \$106.90. Profitability remained solid, though margins continued to compress.

Comparable Hotels Adjusted Hotel EBITDA declined 8.4% to \$99.2 million, with margin narrowing 210 basis points to 31.1%. Adjusted EBITDAre decreased 3.6% to \$93.1 million, reflecting weaker comparable hotel performance during the quarter.

Modified Funds from Operations (MFFO), the REIT's key measure of operating cash flow, totaled \$73.1 million, down 4.4% from Q4 2024. On a per-share basis, MFFO was \$0.31, compared with \$0.32 in the prior-year quarter. For full-year 2026, the company expects Comparable Hotels RevPAR to range from down 1.0% to up 1.0% and Adjusted EBITDAre to range between \$424 million and \$447 million, reflecting a measured outlook for the portfolio. For FY2025, we continue to expect Modified FFO/share of \$1.58.

Growth on a Per-Share Basis

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2031
FFO/S	\$1.56	\$1.74	\$1.72	\$1.70	\$0.09	\$0.93	\$1.53	\$1.60	\$1.61	\$1.52	\$1.51	\$1.59
NAV/S	\$15.78	\$15.53	\$15.22	\$14.70	\$13.57	\$13.79	\$13.90	\$13.76	\$13.62	\$13.36	\$13.36	\$14.04
DPS	\$1.20	\$1.20	\$1.20	\$1.20	\$0.30	\$0.04	\$0.60	\$0.96	\$0.96	\$0.96	\$0.96	\$1.01
Shares¹	190.9	223.5	229.7	223.9	223.5	226.4	228.9	229.3	241.3	237.8	237.8	250

Since it first began reporting FFO/share in its annual reports (2011), Apple initially generated very impressive annualized FFO/share growth thanks to its growing scale (due in large part to a merger in 2015), effective and efficient business model, and strong economic tailwinds in the United States during that period. However, this growth rate has slowed dramatically recently, largely due to the Covid-19 outbreak and an accompanying downturn in the hotel industry that was further accelerated by the rise of companies like AirBnB. We expect 1% CAGR across FFO per share, NAV per share, and dividend per share moving forward.

¹ Shares in millions

Disclosure: This analyst has no position in the security discussed in this research report, and no plans to initiate one in the next 72 hours.



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Valuation Analysis

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	Now	2031
P/ NAV	1.1	1.1	1.1	1.1	1.5	0.9	0.8	0.9	1.1	0.9	0.9	1.0
Avg. Yld.	6.9%	7.0%	7.2%	7.4%	2.2%	0.3%	4.9%	6.2%	6.5%	8.3%	8.1%	7.2%

Apple Hospitality has a portfolio of quality assets and a solid balance sheet. As a result, we believe it deserves to trade in-line with its private market value and therefore assign a fair value multiple estimate of 1.0 times NAV. The dividend yield is attractive at current levels. Over time, we expect the company will converge toward our fair P/NAV multiple. Therefore, we also expect the stock's dividend yield to come down moving forward.

Safety, Quality, Competitive Advantage, & Recession Resiliency

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2031
Payout	77%	69%	70%	71%	333%	4%	39%	60%	60%	63%	64%	64%

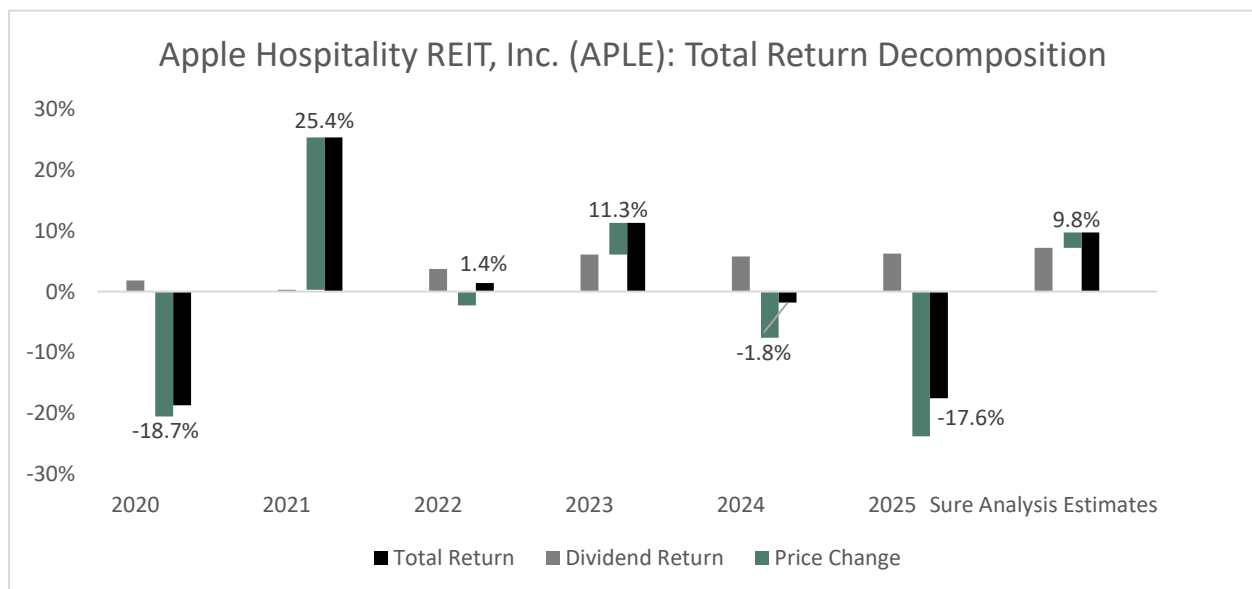
Apple Hospitality REIT's competitive advantage lies in its focused portfolio of upscale, rooms-oriented hotels primarily under the Marriott, Hilton, and Hyatt brands. This strategy offers strong brand recognition, consistent guest experience, and high booking volume through established loyalty programs. The company's portfolio, which is spread across diverse U.S. markets, also benefits from geographic diversification, which helps cushion regional demand fluctuations.

Now, while the REIT wasn't public during the Great Financial Crisis, Apple was significantly impacted during the COVID-19 pandemic, as travel demand collapsed and hotel occupancy plummeted. In response, the company suspended its dividend in 2020 and reduced operating expenses to preserve liquidity. Although the dividend has since been reinstated, the pandemic highlighted the vulnerability of hotel REITs during sharp economic downturns. Regardless, we believe the dividend is safe at its current levels.

Final Thoughts & Recommendation

Apple Hospitality is one of the strongest players in the hotel sector due to its strong brand power, conservative balance sheet, and high-quality assets. Furthermore, its dividend yield is quite attractive at the moment. We expect annualized returns of 9.8% over the next half decade. However, we give the stock a sell rating due to not having an established dividend growth streak.

Total Return Breakdown by Year



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Income Statement Metrics

Year	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Revenue	898	1,041	1,239	1,271	1,267	602	934	1,238	1,344	1,431
Gross Profit	335	391	461	469	465	121	320	455	484	509
Gross Margin	37.3%	37.6%	37.2%	36.9%	36.7%	20.2%	34.2%	36.7%	36.0%	35.6%
SG&A Exp.	20	17	26	24	36	29	41	42	47	43
D&A Exp.	127	148	176	183	193	200	184	182	183	191
Operating Profit	188	226	258	261	235	(108)	94	231	253	276
Operating Margin	21.0%	21.7%	20.8%	20.5%	18.6%	-17.9%	10.1%	18.6%	18.8%	19.3%
Net Profit	117	145	182	206	172	(173)	19	145	177	214
Net Margin	13.1%	13.9%	14.7%	16.2%	13.6%	-28.8%	2.0%	11.7%	13.2%	15.0%
Free Cash Flow	219	266	321	331	307	(22)	199	309	327	325
Income Tax	1	0	1	1	1	0	0	2	1	1

Balance Sheet Metrics

Year	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Total Assets	3,723	4,980	4,902	4,929	4,942	4,830	4,791	4,773	4,937	4,970
Cash & Equivalents					-	6	3	4	10	10
Total Liabilities	1,076	1,463	1,331	1,520	1,651	1,800	1,643	1,594	1,613	1,704
Accounts Payable	78	125	109	107	114	98	93	116	130	121
Long-Term Debt	998	1,338	1,222	1,412	1,320	1,483	1,439	1,366	1,371	1,471
Shareholder's Equity	2,647	3,517	3,571	3,409	3,291	3,029	3,147	3,178	3,324	3,266
LTD/E Ratio	0.38	0.38	0.34	0.41	0.40	0.49	0.46	0.43	0.41	0.45

Profitability & Per Share Metrics

Year	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Return on Assets	3.1%	3.3%	3.7%	4.2%	3.5%	-3.5%	0.4%	3.0%	3.7%	4.3%
Return on Equity	4.1%	4.7%	5.1%	5.9%	5.1%	-5.5%	0.6%	4.6%	5.5%	6.5%
ROIC	3.2%	3.4%	3.8%	4.3%	3.6%	-3.8%	0.4%	3.2%	3.8%	4.5%
Shares Out.	180.3	190.9	223.5	229.7	223.9	223.5	226.4	228.9	229.3	241.3
Revenue/Share	4.98	5.45	5.54	5.53	5.66	2.69	4.13	5.41	5.86	5.93
FCF/Share	1.21	1.39	1.44	1.44	1.37	(0.10)	0.88	1.35	1.43	1.35

Note: All figures in millions of U.S. Dollars unless per share or indicated otherwise.

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