



Morguard Real Estate Investment Trust (MGRUF)

Updated August 4th, 2026, by Nikolaos Sismanis

Key Metrics

Current Price:	\$5.03	5 Year Annual Expected Total Return:	-2.4%	Market Cap:	\$325 M
Fair Value Price:	\$3.60	5 Year Growth Estimate:	0.0%	Ex-Dividend Date:	07/31/2026
% Fair Value:	140%	5 Year Valuation Multiple Estimate:	-6.5%	Dividend Payment Date:	08/14/2026
Dividend Yield:	3.4%	5 Year Price Target	\$3.60	Years Of Dividend Growth:	0
Dividend Risk Score:	F	Sector:	Real Estate	Rating:	Sell

Overview & Current Events

Morguard REIT owns a diversified Canadian commercial real estate portfolio comprising 45 properties with about 8.0 million square feet of gross leasable area, weighted toward retail (54%), followed by office (42%) and industrial (4%). The retail portfolio is split between enclosed shopping centers and grocery- and service-anchored community strip centers, while the office portfolio combines single- and dual-tenant buildings, many leased to government or large institutional tenants, with multi-tenant urban properties. Assets span six Canadian provinces, with Ontario representing 43% of GLA, followed by Alberta at 24% and British Columbia at 13%. The portfolio includes wholly owned properties and several joint venture interests. The REIT reports its financials in CAD. All figures in this report have been converted to USD unless otherwise noted. The REIT pays dividends on a monthly basis. Morguard REIT generated \$176 million in revenue last year. It currently trades at a market cap of \$325 million.

On July 29th, 2026, Morguard REIT reported its Q2 results for the period ended June 30th, 2026. Total revenue from real estate properties was \$42.4 million, up 0.6% year-over-year, as higher rental revenue and CAM recoveries offset lower property tax recoveries and amortized rents. Net operating income rose 5.5% to \$19.6 million, reflecting lower vacancy and bad-debt costs, with retail and office NOI rising 2.3% and 11.8%, respectively. Operating margins improved to 46%, while FFO increased 17.3% to \$7.9 million, or \$0.12 per unit, from \$0.10 in Q2 2025. For FY2026, we expect FFO/share of \$0.45.

Growth on a Per-Share Basis

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2031
FFO	\$1.35	\$1.25	\$1.08	\$1.08	\$0.78	\$0.83	\$0.69	\$0.62	\$0.56	\$0.47	\$0.45	\$0.45
DPS	\$0.71	\$0.76	\$0.70	\$0.74	\$0.50	\$0.21	\$0.18	\$0.18	\$0.17	\$0.17	\$0.17	\$0.17
Units¹	71.9	73.6	74.1	60.7	62.1	64.1	64.2	64.2	64.3	65.2	67.1	70.0

Morguard REIT's FFO per share was relatively resilient from 2016 through 2019, with the result in 2016 showing stronger operating performance following earlier acquisitions and leasing progress, before moderating in 2017–2019 as portfolio recycling and retail disruption weighed on results. The closure of major department store anchors in enclosed malls reduced near-term cash flow while space was repositioned, and this effect was compounded by gradual pressure on office fundamentals and higher operating and financing costs. As a result, FFO settled into a lower but stable range in 2018–2019, following normalization after earlier growth rather than a single-year shock.

The sharp step-down in 2020 and only partial recovery in 2021 were driven primarily by the pandemic's impact on retail and office cash flows. Rent relief, elevated credit losses, and specific large-tenant rent resets reduced operating income in 2020, leading to the largest year-over-year decline in the series. In 2021, FFO improved a bit as collections stabilized and leasing activity resumed, but results remained well below pre-pandemic levels due to lingering tenant restructurings and slower recovery in office utilization.

From 2022 through 2025, the continued decline in FFO per share reflects structural and macro headwinds. Specifically, higher interest rates increased financing costs, while office vacancy limited NOI growth. Retail performance improved

¹ Share count is in millions.

Disclosure: This analyst has no position in the security discussed in this research report, and no plans to initiate one in the next 72 hours.



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and industrial assets contributed incremental stability, but these positives were insufficient to offset interest expense and the absence of prior one-time income items.

Moving forward, we expect no growth in FFO per share, as higher interest costs and weak office fundamentals continue to offset modest operating improvements across the portfolio. We also expect no growth in the dividend as the REIT should prioritize deleveraging. The monthly dividend was slashed in early 2021 in half and has since remained stable.

Valuation Analysis

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	Now	2031
Avg. P/FFO	---	---	---	---	---	6.6	7.2	7.5	8.1	8.8	11.2	8.0
Avg. Yld.	---	---	---	---	---	3.8%	3.6%	3.9%	3.7%	4.1%	3.4%	4.7%

Morguard REIT's P/FFO has hovered in the high single digits following 2021's dividend cut. Investor confidence has gone up lately, with the stock now trading at 11.2x this year's expected FFO. However, considering our weak growth forecast and lack of dividend growth we believe that a compression back to about 8x FFO seems reasonable. The dividend yield is also hardly enough to entice us in today's environment.

Safety, Quality, Competitive Advantage, & Recession Resiliency

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2031
Payout	53%	61%	65%	69%	64%	25%	26%	29%	30%	36%	38%	38%

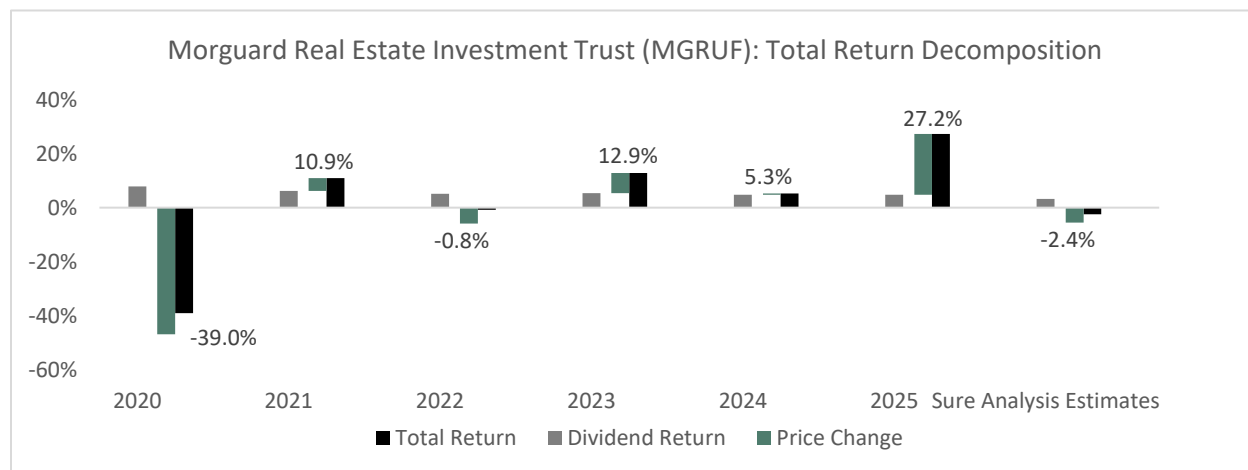
We like that Morguard REIT benefits from a portfolio anchored by necessity-based retail and institutional office tenancy, which has historically provided a degree of downside protection during economic stress. During tougher periods, like the post-2018 retail disruption and the 2020 pandemic, cash flows declined but remained positive, reflecting the defensive nature of grocery-anchored centers, government tenants, and active asset management.

That said, its resilience is constrained by structurally weaker office demand and a portfolio that has limited near-term growth optionality. While the asset base remains durable, today's leverage (57% debt/assets) is still elevated, reducing financial flexibility and increasing sensitivity to interest rates. This tempers overall safety and limits the REIT's ability to compound value through the cycle. The payout ratio hovers at healthy levels, but again, structural issues remain.

Final Thoughts & Recommendation

Morguard REIT is a stable but leveraged REIT with dependable retail cash flow and pressured office exposure. We feel the stock might have a hard time producing positive returns due to the lack of meaningful growth prospects and the possibility of valuation headwinds. For this reason and due to the lack of dividend growth, we rate the stock as a sell.

Total Return Breakdown by Year



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Income Statement Metrics

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Revenue	212	215	213	206	189	193	186	189	189	171
Gross Profit	121	121	117	113	92	97	94	93	94	80
Gross Margin	57.2%	56.3%	55.0%	54.9%	48.7%	50.5%	50.3%	49.4%	49.5%	46.8%
SG&A Exp.	-	-	-	-	-	-	-	-	-	-
D&A Exp.	-	-	-	-	-	-	-	-	-	-
Operating Profit	75	75	71	110	90	94	91	90	91	77
Operating Margin	35.3%	34.9%	33.1%	53.3%	47.3%	49.0%	48.8%	47.9%	48.1%	45.0%
Net Profit	43	52	56	11	(266)	4	(66)	(55)	(43)	(12)
Net Margin	20.4%	24.1%	26.4%	5.4%	-141%	2.0%	-35.5%	-29.2%	-22.7%	(7.0%)
Free Cash Flow	87	78	72	67	35	64	57	49	40	29
Income Tax	-	-	-	-	-	-	-	-	-	-

Balance Sheet Metrics

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Total Assets	2,263	2,331	2,181	2,265	2,008	1,974	1,754	1,729	1,512	1,578
Cash & Equivalents	84	12	8	4	7	9	7	6	5	5
Accounts Receivable	-	-	-	-	-	-	-	-	-	-
Inventories	-	-	-	-	-	-	-	-	-	-
Goodwill & Int. Ass.	-	-	-	-	-	-	-	-	-	-
Total Liabilities	1,107	1,086	1,024	1,080	1,099	1,062	978	1,000	897	947
Accounts Payable	-	-	-	-	-	-	-	-	-	-
Long-Term Debt	1,069	999	933	962	890	1,021	899	897	786	801
Shareholder's Equity	1,155	1,246	1,157	1,186	909	912	776	729	615	631
LTD/E Ratio	0.93	0.84	0.85	0.88	1.17	1.13	1.21	1.31	1.39	1.43

Profitability & Per Share Metrics

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Return on Assets	2.0%	2.3%	2.5%	0.5%	-12.5%	0.2%	-3.5%	-3.2%	-2.6%	-0.8%
Return on Equity	3.8%	4.3%	4.7%	1.0%	-25.4%	0.4%	-7.8%	-7.3%	-6.4%	-1.9%
ROIC	2.0%	2.3%	2.5%	0.5%	-12.7%	0.2%	-3.6%	-3.2%	-2.7%	-0.8%
Shares Out.	71.9	73.6	74.1	60.7	62.1	64.1	64.2	64.2	64.3	65.2
Revenue/Share	2.95	2.92	2.88	3.39	3.05	3.00	2.90	2.94	2.94	2.63
FCF/Share	1.21	1.06	0.97	1.11	0.56	1.00	0.89	0.76	0.62	0.44

Note: All figures in millions of U.S. Dollars unless per share or indicated otherwise.

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