



Principal Financial Group (PFG)

Updated August 17th, 2026 by Jonathan Weber

Key Metrics

Current Price:	\$113	5 Year CAGR Estimate:	6.4%	Market Cap:	\$24B
Fair Value Price:	\$105	5 Year Growth Estimate:	5.0%	Ex-Dividend Date:	09/03/26
% Fair Value:	108%	5 Year Valuation Multiple Estimate:	-1.4%	Dividend Payment Date:	09/25/26
Dividend Yield:	3.0%	5 Year Price Target	\$134	Years Of Dividend Growth:	26
Dividend Risk Score:	B	Sector:	Financials	Rating:	Hold

Overview & Current Events

Principal Financial Group is a financial corporation that operates several businesses including insurance, primarily life insurance, and investment management, retirement solutions and asset management. Principal Financial Group was founded in 1879, and is headquartered in Des Moines, IA.

Principal Financial Group reported its second quarter earnings results on July 27th. Principal Financial Group saw its assets under management increase to \$808 billion, up 7% over the last year, which does not include additional assets that are solely under administration. AUM increased year-over-year thanks in part due to equity market gains over that time period. In the investment management business unit, Principal Financial Group reported operating earnings growth of 1% compared to one year earlier. In the retirement and income solutions business unit, Principal Financial saw higher revenues and benefitted from some margin expansion, which resulted in operating profit growth of 11%.

Principal Financial Group generated earnings-per-share of \$2.42 during the second quarter, beating the consensus estimate. Earnings-per-share were up 17% compared to the previous year's quarter on an adjusted basis. Both 2024 and 2025 were new record years for the company, and Principal Financial Group should see its earnings-per-share grow substantially in 2026 as well, with analysts forecasting earnings-per-share of around \$9.55, which would be up by more than 10% from one year earlier.

Growth on a Per-Share Basis

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2031
EPS	\$4.55	\$5.04	\$5.53	\$5.58	\$4.94	\$6.77	\$6.66	\$6.55	\$7.65	\$8.55	\$9.55	\$12.19
DPS	\$1.61	\$1.87	\$2.13	\$2.18	\$2.24	\$2.44	\$2.56	\$2.68	\$2.85	\$3.08	\$3.36	\$4.50
Shares¹	288	289	285	281	277	269	249	241	235	226	220	200

Principal Financial Group recorded a solid average annual earnings-per-share growth rate of around 7% between 2015 and 2025. Growth was a bit uneven, though, as there were some years where the company's profits declined.

The company's asset management business, where Principal Global Investors and Retirement & Income Solutions are the main components, has benefitted from solid assets under management growth in the past. A rising number of new customers also helps drive AuM, in addition to market appreciation in normal times. While market downturns can result in temporary assets under management declines, we believe that assets under management should continue to grow in the long term, even with some ups and downs in between. The company's asset management business is attractive for investors, as Principal's actively-managed funds, ETFs, and other vehicles performed better than the median of their asset class in many cases in the past. As Principal has produced above-average returns for its customers, new customers are attracted to letting Principal manage their wealth, which serves as a competitive advantage versus other asset management companies with a weaker track record. With its insurance business, Principal Financial Group has been able to grow its premiums and fees in the past, and a growing float that can be invested should result in rising investment income. Principal Financial Group has also boosted its earnings-per-share growth by repurchasing shares. Between these factors, we believe a mid-single-digit earnings-per-share growth rate is realistic.

¹ In Millions

Disclosure: This analyst has no position in the security discussed in this research report, and no plans to initiate one in the next 72 hours.



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Valuation Analysis

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	Now	2031
Avg. P/E	10.1	12.8	8.0	10.0	9.7	10.6	12.6	12.1	10.1	10.3	11.8	11.0
Avg. Yld.	3.5%	2.9%	4.9%	3.9%	4.7%	3.4%	3.0%	3.4%	3.7%	3.5%	3.0%	3.4%

Principal Financial Group trades at slightly less than 12 times 2026’s earnings-per-share estimate right now, which is a moderate valuation compared to how the company’s shares were valued over the last decade. We think that fair value is just marginally below where the company’s shares are trading today. The dividend yield of around 3% provides solid, but not spectacular, income for the company’s shareholders.

Safety, Quality, Competitive Advantage, & Recession Resiliency

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2031
Payout	35%	37%	39%	39%	45%	36%	38%	41%	37%	36%	35%	37%

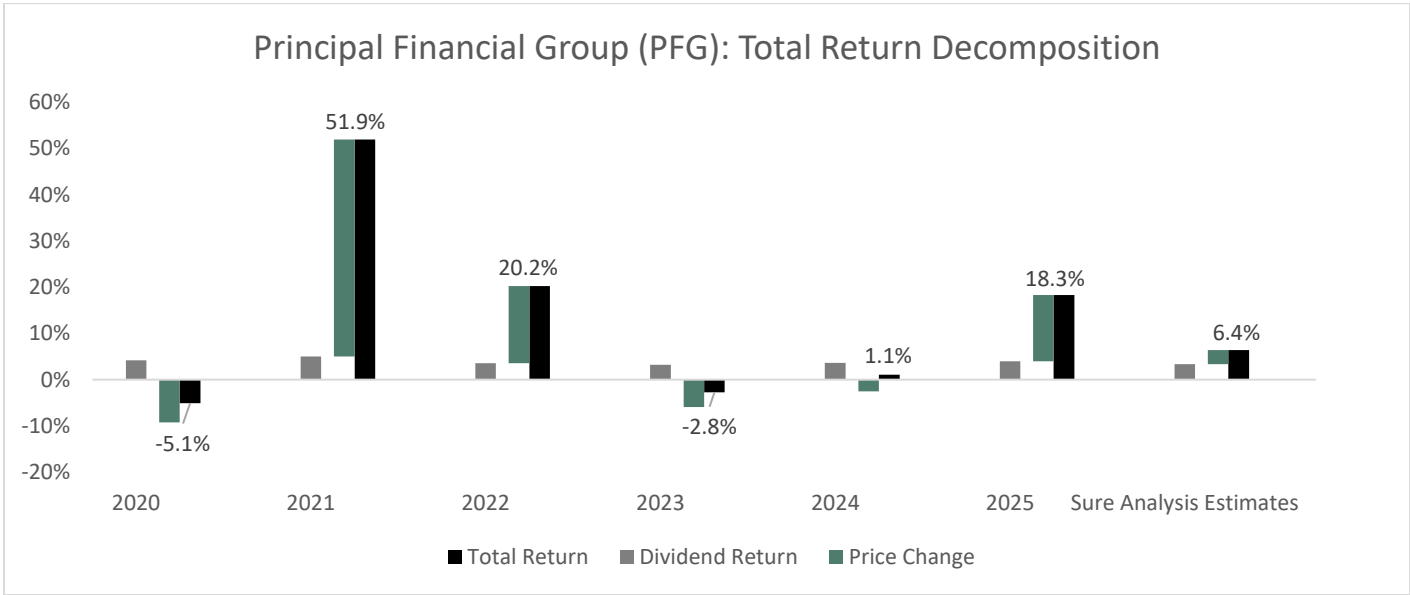
Principal Financial Group has grown its dividend considerably over the last decade, which was partially possible due to earnings-per-share growth, but which was also due to an increase in the company’s dividend payout ratio. The dividend payout ratio of around 40% makes us believe that the dividend is reasonably safe.

The strong performance and ratings of Principal Financial Group’s actively managed funds, ETFs, and other products is a competitive advantage, as this increases the likelihood of customers choosing Principal to manage their assets. Principal Financial Group’s stock was extremely volatile during the Great Recession, but its actual underlying performance was not impacted much. Operating earnings declined by just 10% from 2007 to 2008 and started to rise again soon. This compares very favorably to the much weaker performance of many other financial companies during that time.

Final Thoughts & Recommendation

Principal Financial Group has generated solid earnings-per-share growth and dividend growth throughout the last decade. Relative to its peers from the financial industry, Principal Financial Group has been reasonably resilient to recessions and market downturns, although the company is not immune to such macro problems. Based on current estimates, the total return outlook over the coming years is solid but not great, and since Principal Financial Group trades slightly above fair value, we rate Principal Financial Group a hold at current prices.

Total Return Breakdown by Year



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Income Statement Metrics

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Revenue	12,394	14,093	14,237	16,222	14,742	14,263	17,536	13,666	16,128	15,626
D&A Exp.	187	196	205	227	252	275	296	273	256	251
Net Profit	1,362	2,325	1,554	1,444	1,429	1,757	4,798	670	1,598	1,256
Net Margin	11.0%	16.5%	10.9%	8.9%	9.7%	12.3%	27.4%	4.9%	9.9%	8.0%
Free Cash Flow	3,703	4,023	5,064	5,361	3,630	3,089	3,057	3,690	4,534	4,439
Income Tax	230	(72)	231	249	265	326	1,190	69	292	161

Balance Sheet Metrics

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Total Assets (\$B)	228	254	243	276	297	305	269	284	294	322
Cash & Equivalents	2,720	2,471	2,978	2,516	2,850	2,332	4,848	4,708	4,212	4,431
Goodwill & Int.	2,346	2,384	2,415	3,481	3,434	3,228	3,132	3,078	2,940	2,868
Total Liab. (\$B)	218	241	231	261	280	288	259	273	283	310
Long-Term Debt	3,126	3,178	3,260	3,963	4,561	4,585	4,277	4,181	4,175	4,093
Shareholder's Equity	10,227	12,849	11,390	14,618	16,559	16,069	9,977	10,916	11,086	11,884
LTD/E Ratio	0.31	0.25	0.29	0.28	0.28	0.29	0.44	0.39	0.39	0.35

Profitability & Per Share Metrics

Year	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
Return on Assets	0.6%	1.0%	0.6%	0.6%	0.5%	0.6%	1.7%	0.2%	0.6%	0.4%
Return on Equity	13.7%	19.9%	12.5%	10.8%	9.0%	10.5%	35.9%	6.2%	14.1%	10.5%
ROIC	10.3%	15.6%	9.9%	8.5%	7.0%	8.2%	26.8%	4.5%	10.2%	7.8%
Shares Out.	288	289	285	281	277	269	249	241	235	226
Revenue/Share	42.34	48.08	49.30	57.73	53.30	52.26	68.69	55.87	68.54	69.23
FCF/Share	12.65	13.73	17.54	19.08	13.12	11.32	11.97	15.09	19.27	19.67

Note: All figures in millions of U.S. Dollars unless per share or indicated otherwise.

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